

Die Darmreinigung mit Endofalk® – Hinweise für den Patienten

englisch

Name des Patienten _____

Untersuchung am _____ um _____ Uhr

Intestinal cleansing with Endofalk®

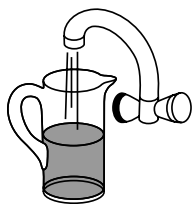
Endofalk® is a combination of salts and macrogol in powder form as a basis for an isotonic solution. Drinking the solution thoroughly cleanses your intestines in preparation for a colonoscopy. The drink comes in a pleasant orange-passion fruit or pineapple-lemon flavour to facilitate drinking. The solution is sugar-free. The intestinal cleansing hardly affects the water and electrolyte concentrations in your body because salts are barely absorbed or released during the process.

How to prepare the solution

2 sachets make 1 litre of ready-to-drink solution. Do not change the dosage regimen of 2 sachets per litre under any circumstances!



Pour the contents of 2 sachets into a jug or a bottle.



Add 1/2 litre of **lukewarm** tap water and allow to dissolve.



Once the powder has dissolved, add another 1/2 litre of **cold** tap water.

As the solution tastes better when cool, we recommend storing it in the fridge. The ready-to-use solution can be stored for 48 hours.

How to take the solution

Prepare the ready-to-use solution following the instructions, using the prescribed number of Endofalk® sachets. 6 sachets of Endofalk® make 3 litres of solution, 8 sachets of Endofalk® make 4 litres of solution.



Drink 1 glass within every 10 minutes

The solution should be drunk in portions of 200–300 ml (1 water glass) over 10 minutes, until the full amount of solution has been used or until the rectal discharge is clear.

Most frequently, the solution is drunk in split doses. This means, drink one half of the ready-to-use solution in the afternoon/evening before the examination, and the remaining solution in the morning on the day of the examination.

The entire amount of solution may be drunk on the day of the examination on doctor's orders. In this case, you will usually be asked to drink the solution around 4 hours before the start of the examination.

Please do not eat any solids at least 2–3 hours before drinking Endofalk®. You will not be allowed to eat any solids until after the examination.

If Endofalk® was not effective enough please talk to your doctor before the start of the examination. You may require a cleansing enema.

Note for diabetics: Does not contain any carbohydrate units.

For women on the birth control pill: The laxative effect may impair the effectiveness of the pill. However, please continue to take your birth control pills regularly.

Patients taking regular medication: Please talk to your doctor about taking Endofalk®, as the intestinal cleansing may wash out important medication, rendering them less effective. Please see the package information leaflet for Endofalk® Classic and Endofalk® Tropic.

DR. FALK PHARMA GmbH



Leinenweberstr. 5
79108 Freiburg
Germany

www.dr-falk-pharma.de

01/2022